

SHIRT SKIRT

Find a boy's shirt, cut off the top, and sew a simple hem casing for the elastic band. Meet your new favorite upcycling project!



Used to be
a shirt!



DESIGNER:
Cynthia Shaffer

STITCH FACTOR:



low sew



WHAT YOU'LL DO:

Simple sewing &
adding buttons

You Will Need:

- » Striped shirt with a straight bottom edge*
- » Ruler
- » Pencil
- » Sewing machine
- » Safety pin
- » 22 inches (55.9 cm) of $\frac{3}{4}$ -inch (1.9 cm) non-roll elastic
- » Hand-sewing needle
- » 4 brown buttons

***Note:** This project used a boy's shirt, size 10/12.

FROM



Prep the Shirt

1. Flatten the shirt, and using the ruler and a pencil, mark a line that runs from side seam to side seam, right where the sleeves are attached. Cut along this line through all layers.

Make the Pocket

2. Cut off one sleeve. From the detached sleeve portion, cut a rectangle that measures $5\frac{1}{4} \times 6\frac{1}{2}$ inches (13.3 x 16.5 cm) for the pocket. Use the finished sleeve hem as the side of the pocket.

3. Press all the cut edges under $\frac{1}{4}$ inch (0.6 cm).

4. Fold the top of the pocket down 1 inch (2.5 cm).

5. Stitch across the pocket hem $\frac{3}{4}$ inch (1.9 cm) from the top folded edge.

6. Stitch the pocket to the front of the skirt, 3 inches (7.6 cm) over from the button seam and 5 inches (12.7 cm) down from the top edge.

Create the Casing

7. Pin the front of the shirt closed at the top. If there is a button at the very top, remove the button.

8. Press the top edge under $\frac{1}{4}$ inch (0.6 cm) and then again another 1 inch (2.5 cm). Pin the waist down to the skirt. Place two pins at the center back, and then another two pins 2 inches (5.1 cm) away.

9. Stitch the top edge in place to create a casing for the elastic. Start stitching where the two pins are, back tack, then stop stitching when you reach the second set of pins and back tack.

10. Insert the safety pin into one end of the elastic, and then insert and feed the pin into the casing until you reach the end.

11. Pin and then stitch the elastic ends together.

12. Stitch closed the small opening at the center back.

13. Stitch the brown buttons to the front of the skirt and to the top of the pocket.

Tip: Use an adult-sized shirt and the same basic steps to make a skirt for you.